

# Cuckoo Zen Acupuncture Course 2012

A true combination of knowledge, practice and experience

*"It is better to be your own healer than to look for a doctor.*

*It is better to try and cure yourself than to rely on others.*

*People with self-awareness learn to take care of themselves and then use this wisdom to help others.*

*Learn thoroughly the wisdom of your body..."*

*Cuckoo*

Cuckoo, who has been traveling all over the world for more than 20 years, has healed more than 500,000 patients with his Zen acupuncture. His ability to see through people's hearts and his charming, yet crazy character have been winning him friends from all walks of lives on this planet. How he cures people's diseases, hearts and minds is still a mystery ...

This isn't a course that will only teach knowledge and skills. Cuckoo is going to pass his 20 years of clinical experience to the participants. He is able to see through different races for their particular sicknesses and formulate treatments accordingly. He is going to shake your minds in a humorous, natural and wise way with his Zen TCM teaching.

Cuckoo will not only teach basic knowledge of the meridians, but will also teach you personal meridian exercises. He will teach daily diet and the five elements as well. He will also teach basic acupuncture points for treatments, but will also teach disease prevention measures.

He will share with you basic cupping skills as well as cures for the common diseases. Finally, he will teach basic Ying Yang theory as well as its applications in daily life.

**Location:** Candolim, Goa, India.

**Schedule:** 14 January~ 5 February 2012 (classes will be held on the 14<sup>th</sup>, 15<sup>th</sup>, 21<sup>st</sup>, 22<sup>nd</sup>, 28<sup>th</sup>, 29<sup>th</sup> of January and 4<sup>th</sup>, 5<sup>th</sup> of February)

**Class hours:**

Every Saturday and Sunday from 09:00am~12:00am for 4 weeks (a total of 8 days)

**Complimentary lesson:** on the first weekend we will have a special guest speaker from Taiwan – Professor Chen, who is specialist in detoxification for 15 years in this field, he used to work in American national detoxification institution and help many sick people. After his detoxification suggestion, they win back a healthy body and know how to keep doctor away with a healthy diet. Professor Chen will give a lecture on some measures, including oil pulling, chewing, dental revision, detox dharma, etc., for health promotion.

**Clinical practice schedule:**

Participants will conduct clinical practice twice in Cuckoo's clinic with patients.

(Clinic hours: Every Monday, Wednesday, and Friday 9:30am~13:30am – reservation is needed for the clinic hours)

**Detoxification Schedule:**

The best way to truly acquire your knowledge and clinical skills is to experience it yourself on a first hand basis. Therefore, after first two weeks of acupuncture lessons, we will do a five-day detoxification with self acupuncture to immerse in what you've learned and to heart-feel what your patients will experience.

1. Before detoxification, Cuckoo will give every participant a personal diagnosis to outline one's body weakness.
2. Then, according to personal conditions, every one will have five days of herbal detox and dietary therapy. The costs of detox herbs and body-typing meals for these five days are included in the course fees.

Meanwhile, one's self-acupuncture will be personally guided by Cuckoo.

**Target groups:**

1. Those who wish to know more about the body.
2. Those who wish to deeply connect with their body and mind.
3. Those who wish to learn self-healing.
4. Those who wish to live in a natural healing way.

**Study Contents:**

1. Basic knowledge of the meridians
2. Basic knowledge of acupuncture points
3. Basic knowledge of Cupping
4. Traditional Chinese medical philosophy: Ying & Yang, the five elements, and the basic theory of internal organs
5. The interconnecting wisdom of TCM and nature.
6. The secrets of body's natural healing power

**Study Goal:**

Through learning TCM,

1. To be able to connect deeply with the body and mind
2. To be one's own doctor and be able to heal simple sicknesses
3. To insert acupuncture needles into oneself
4. To be able to apply emergency First-Aid for yourself and your family members
5. To learn regular detoxification measures

**Tuition:** 1,200 Euro/per person

Including:

1. Textbook

2. One cupping set & a skin-puncturing pen
3. One bottle of Cuckoo's homemade treatment herbal cream
4. 200 acupuncture needles
5. Homemade lunch after every class
6. Detox herbs and detox meals during 5 days of cleansing

**Certification:** Students who complete the whole course will get a certificate from Cuckoo Zen TCM & Acupuncture School with Cuckoo's personal signature and stamp.

**Classes are limited to 20 students.**

**Registration:**

1. Until the 30<sup>th</sup> of November.
2. Early bird discount: Register before November 15<sup>th</sup> for 1,000 Euro.
3. Fill up the following form and email to [cuckoozen@hotmail.com](mailto:cuckoozen@hotmail.com). (You will get an acceptance mail and Remittance bank details)

Name:		Sex:		Birth date:	
Telephone:		Email:		Occupation:	